

People of the Margins

“Remember to observe the Sabbath day by keeping it holy. You have six days each week for your ordinary work, but the seventh day is a Sabbath day of rest dedicated to the Lord your God. On that day no one in your household may do any work. This includes you, your sons and daughters, your male and female servants, your livestock, and any foreigners living among you. For in six days the Lord made the heavens, the earth, the sea, and everything in them; but on the seventh day he rested. That is why the Lord blessed the Sabbath day and set it apart as holy.

Exodus 20: 8-11

“Does not our work always remain incomplete?
What Exodus 20:8 means to convey is: Rest on
the Sabbath as if all your work were done.”

Abraham Joshua Heschel - *Sabbath*

“Without intentionality, you walk through life and perform rituals without awareness, meaning, or passion. You exist on automatic pilot. You react to events and people, and mindlessly go through the motions, even when you believe you are totally 'in control'. Without awareness, you forfeit your own freedom, authenticity, and power.”

Dawn Liphcott – *Sabbath – A Taste of Wholeness*

Differentiation

Containment

welcoming Sabbath